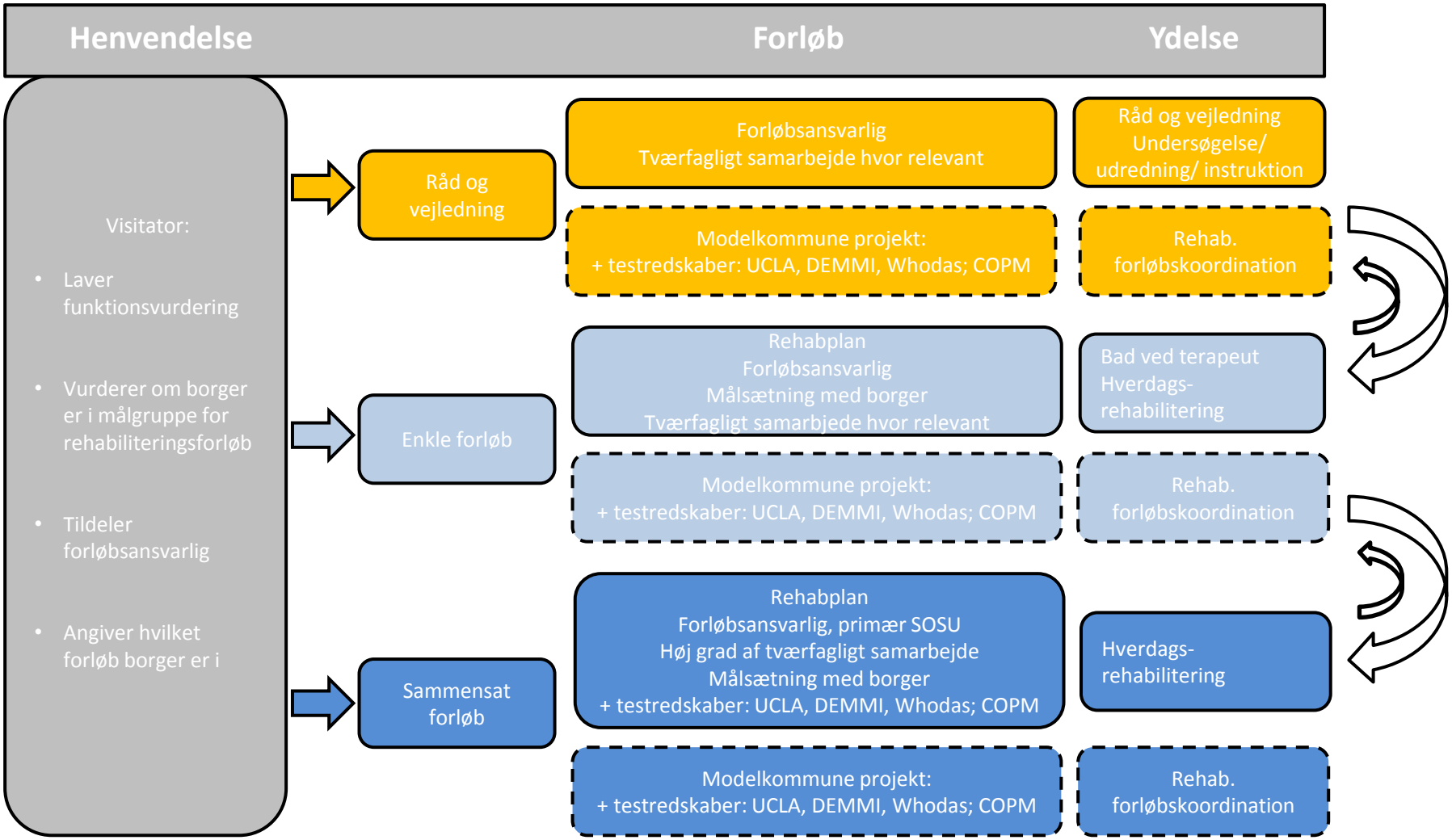Forløbsoversigt – de tre forløbstyper i En borger en plan